



**⚠ SAFETY PRECAUTIONS**

**Be sure to read the Operating Manual thoroughly before using your INADA SOGNO for the first time.**

\* The following persons must not use this massage chair:  
◎ Persons who have been instructed by a doctor to avoid massage therapy.  
Examples: Persons with thrombosis, severe aneurism, acute varicosity, dermatitis or infectious diseases of the skin (including inflammation of the hypodermis).  
◎ Persons with acute neck sprain (whiplash injury)  
\* Persons with any of the following conditions should seek medical advice before using the chair.  
◎ Serious heart conditions ◎ Sensory impairment caused by serious peripheral circulatory disorders due to diabetes and other diseases ◎ Osteoporosis, spinal fractures, acute pain and/or symptoms thereof ◎ Persons having injuries to the parts of the body to be treated ◎ High fever (100°F or higher) (examples: strong acute inflammation symptoms such as fatigue, chills or blood pressure fluctuation). Any time you feel weak. ◎ Persons in the early unstable stages of pregnancy, or immediately after giving birth ◎ Persons who have implanted electronic medical device(s) easily susceptible to electromagnetic interference, e.g. pacemakers  
◎ Abnormal or curved spine ◎ Persons planning to use the chair for parts of the body that have received or are currently receiving medical treatment ◎ Persons with malignant tumor(s) ◎ Persons under bed rest orders ◎ Persons with acute internal complaints or ailments such as gastritis, enteritis, or hepatitis ◎ Persons under a doctor's care, or those experiencing unusual physical discomfort ◎ Joint deformation due to rheumatism, gout, or other diseases ◎ Persons with symptoms such as dizziness, unsteadiness, or tinnitus ◎ Inflammation due to sprain or torn muscles ◎ Persons with tendonitis or suspected tendonitis  
\* Elderly people and persons with weak bones, even if they have no particular disease, should seek medical advice before using the chair.  
\* Children, persons unable to express their intentions, and physically disabled persons should not be allowed to use the chair. Do not allow children and pets to play around the chair (e.g. behind the reclining seat back and under the leg rest) or climb or sit on the chair. Children aged 14 years or over should use only the Youth Program. In such a case, an adult must attend the child.  
→ Could result in accident or injury.

For safety, the rollers may stop operating if excessive force is applied during upper body massage. If this happens, come out from reclining position, or let your body slightly lift up from the chair, while using massage.

Inquiries



T. KITA  
Design Toshiyuki KITA

INADA SOGNO is a full-body massage chair for a wide range of ages. It comes with five industry-first functions<sup>\*1</sup>, including "Shugi(Therapist's Touch)/Shiatsu Pull-Kneading Function", "Full Arm Massage Function", "Full-Body Stretch Function", "New Swing Function" and "Youth Program" for users age 14 and up. SOGNO is the Italian word for "dream". Experience the new massage chair that wraps your entire body in its functional design.



\*1  
Equipped with the industry's first "Neck and Shoulder Air Unit", INADA SOGNO offers the comfort that users have been waiting for. And by massaging 55 points with air cells all over the body, it gives you a gentle and thorough Shiatsu treatment. Besides giving a customized massage to each user, INADA SOGNO is designed to fit naturally into your interior as a multi-functional furniture piece.

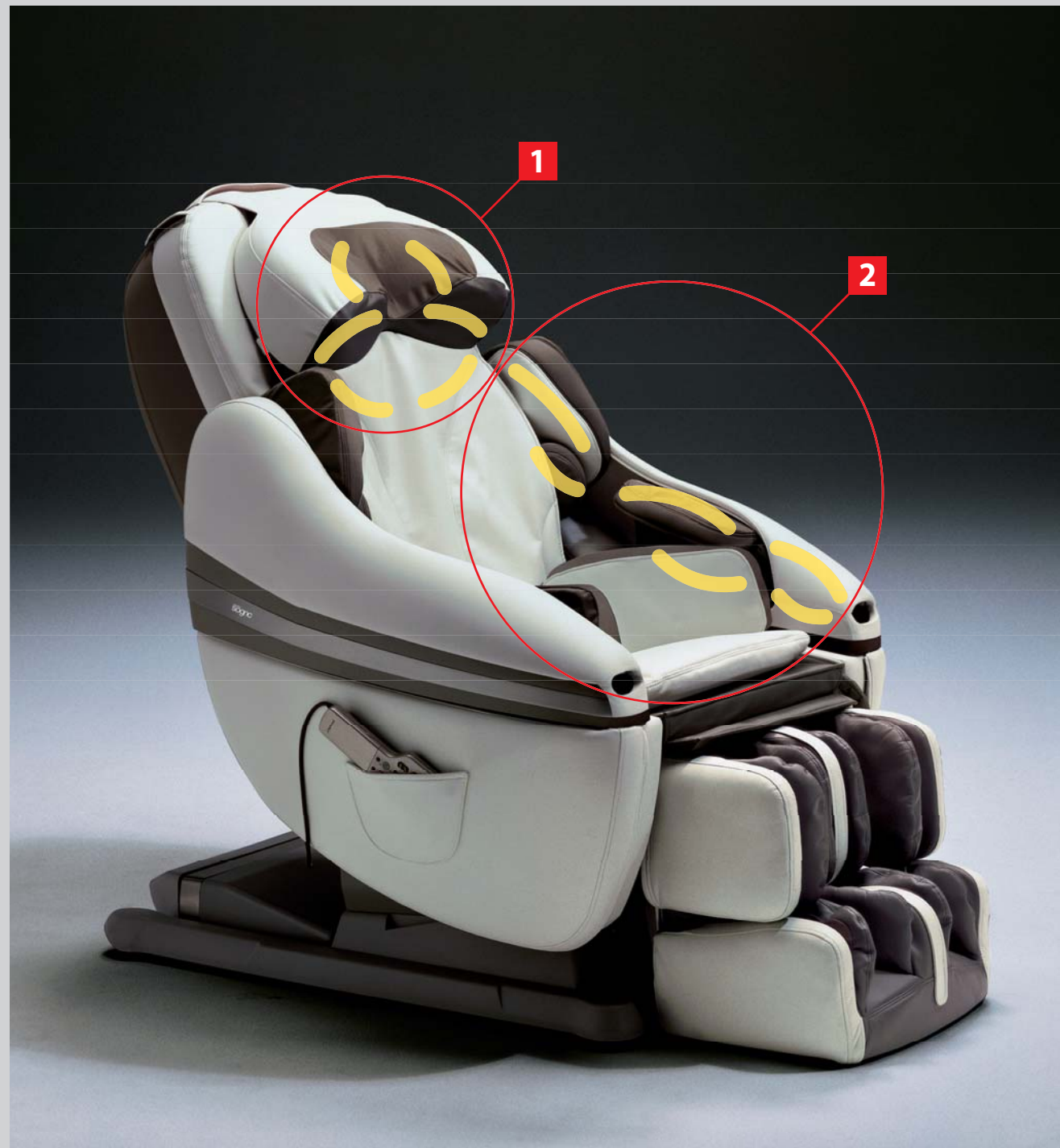




**Design**

Japan's first massage chair for a new era. Made to accentuate your interior, the multi-functional INADA SOGNO eliminates the hulking image of other chairs, instead showing sleek lines, a compact form, and colorful and elegant design. INADA products are new chairs for a new era, built for everyone in the family across the generations.



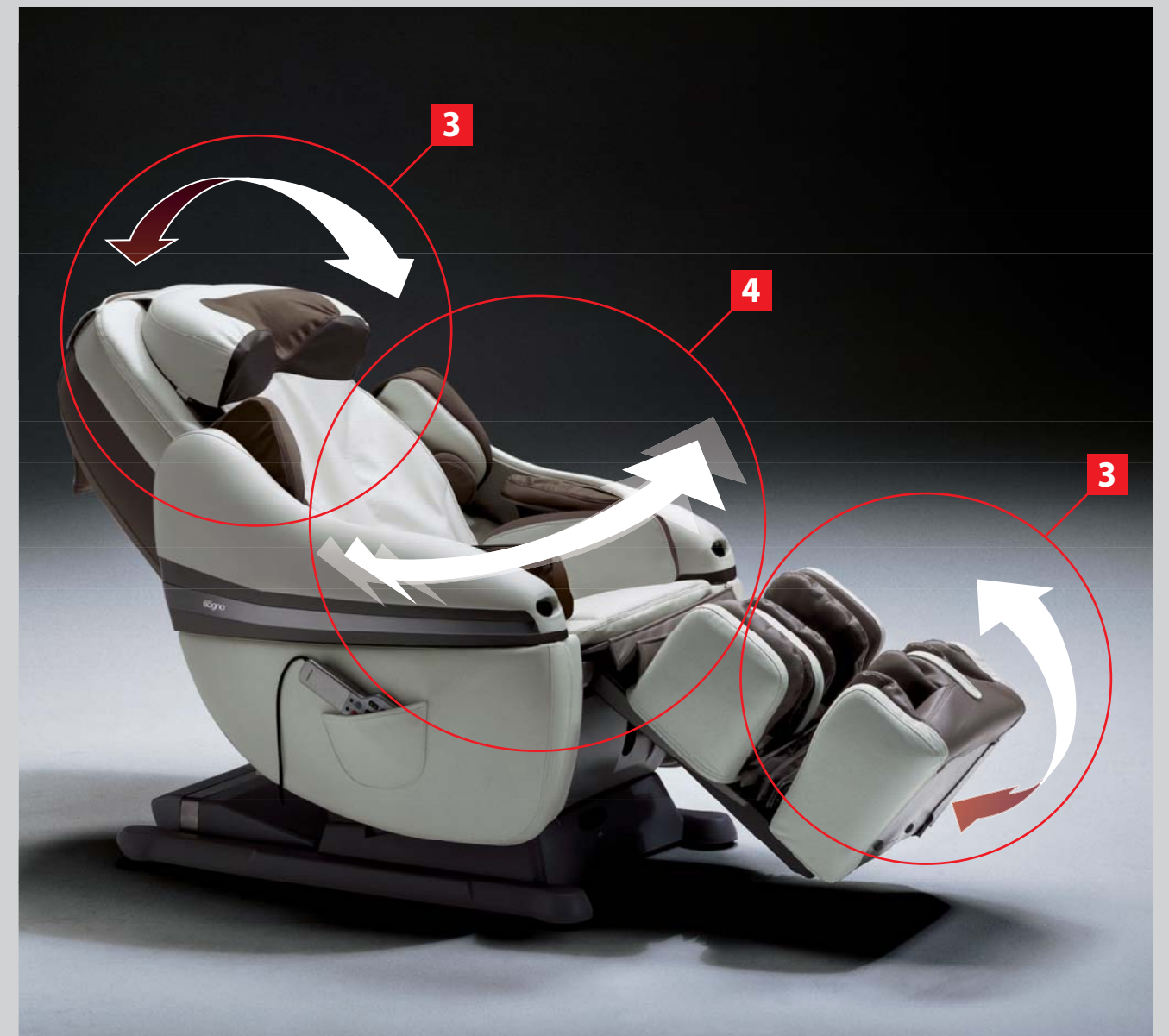


**1 Shugi("Therapist's Touch")/Shiatsu Pull-Kneading Function (neck and shoulders)**

\*1 The Shiatsu Pull-Kneading Air System is the first function offered by the industry to combine neck and shoulder work. The system lifts up the neck from both sides, after which air pads embedded in the chair neck apply Shiatsu pressure straight down. This relieves stiffness from lack of exercise or staying too long in the same position.

**2 Full Arm Massage Function**

\*1 Provides the industry's first "full arm" air press unit. Twenty air cells work on the upper arm, forearm and fingertips. Provides thorough kneading from shoulder joint to fingertips. Experience a gentle kneading massage with your arms and shoulders wrapped in the movable unit, which adjusts laterally to your size.



**3 Full Body Stretch Function**

Stretching at a new level. A program to stretch muscles that get little use in daily life, this function lets you stretch by bending the upper body backward, making you feel as if you were stretching from head to toe.

**4 Swing Function**

New Swing Function mimics the actions of a professional massage therapist after treatment. The new side press pushes right up against the pelvis and works with the air cells in the seat to give a massage with a swaying sensation. This program is designed to help you feel even more relaxed after your massage.

**5 Youth Program**

This new program is for young people ages 14 and up, the second stage of growth. The reclining angle is automatically set to enable young people to ease stiffness and recover from the fatigue of modern life. This program gives a less stimulating massage, creating a gentle sensation to reduce the stress on young people's bodies.

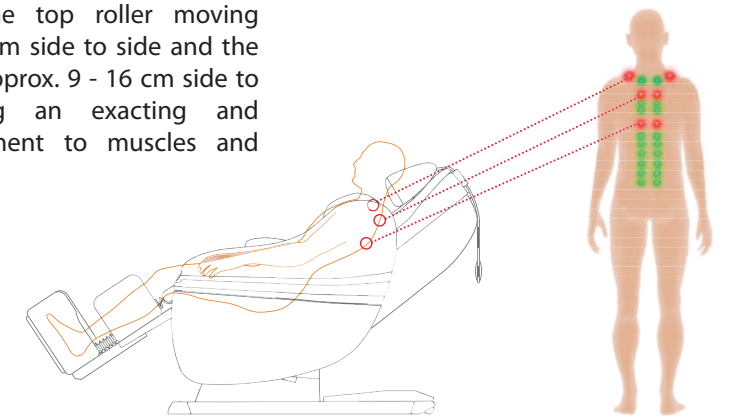
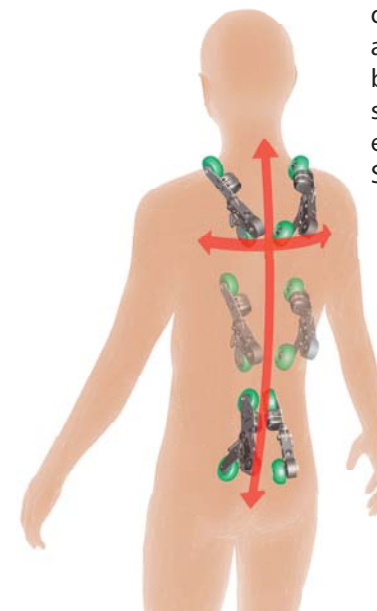


## Healthcare Programs

A professional massage therapist uses his techniques not only on parts of the body showing symptoms, but searches for effective points to massage all over the body. INADA SOGNO's Healthcare Programs function is the result of studying and incorporating this approach. Healthcare Programs can easily be activated from the front of the remote control.


## Treatment range

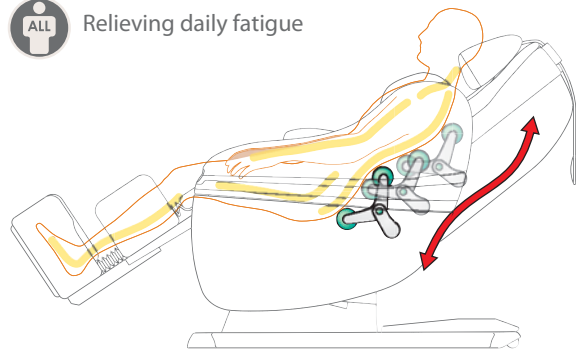
Rollers move approx. 72 cm up and down, with the top roller moving approx. 5 - 19 cm side to side and the bottom roller approx. 9 - 16 cm side to side, providing an exacting and effective treatment to muscles and Shiatsu points.



## Shiatsu point locator with optical sensor


Though the location of Shiatsu points varies by body type, this feature uses an optical sensor to automatically find them. Finding the Shiatsu points creates a more comfortable and effective massage.

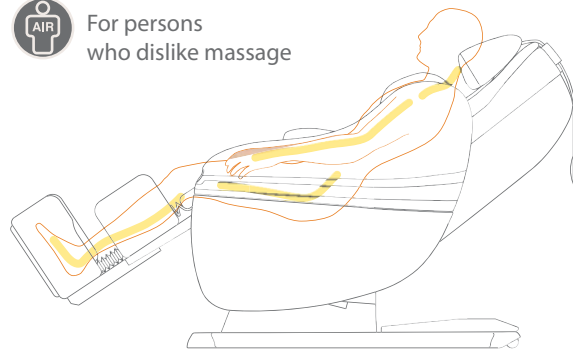
 Relieving daily fatigue



### 1 Full Body (approx. 15 min.)\*2


The basic program to relieve fatigue with a full body massage using rollers and air.

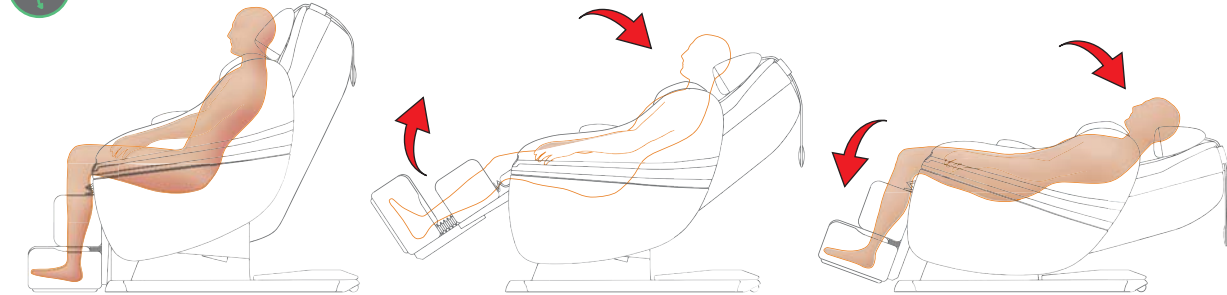
 For persons who dislike massage



### 2 Full Body Air (approx. 15 min.)\*2


A full-body massage using air and no rollers. This is recommended for the comfort of those who do not like mechanical massage.

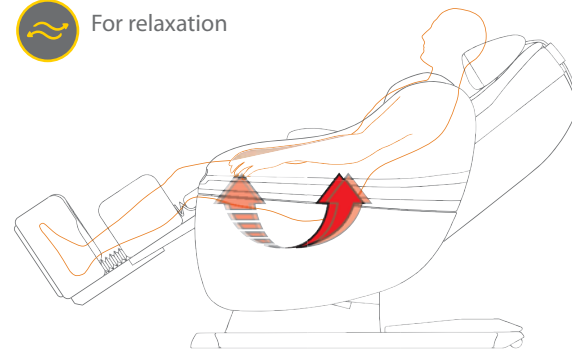
 To stretch without straining



### 3 Stretch (approx. 8 min.)\*2


<sup>\*1</sup> An industry first! This program stretches the spinal column with a full-body stretch function. Recommended for people wanting to feel refreshed.

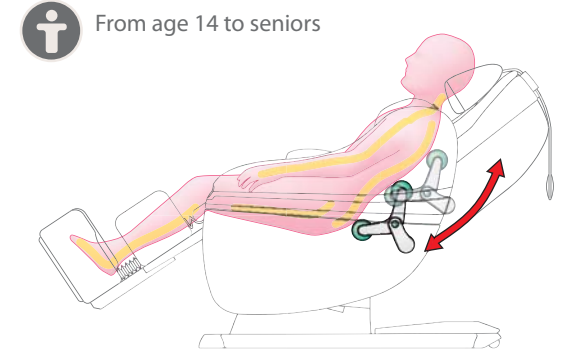
 For relaxation



### 4 Swing (approx. 15 min.)\*2

This program is recommended for those who want to relax. Using this program after any massage function regulates muscle balance.

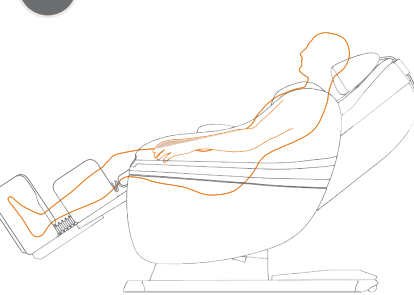
 From age 14 to seniors



### 5 Youth (approx. 8 min.)

This low-stimulus massage program eases muscle stiffness and relieves fatigue of young people living in modern times without putting strain on the body.

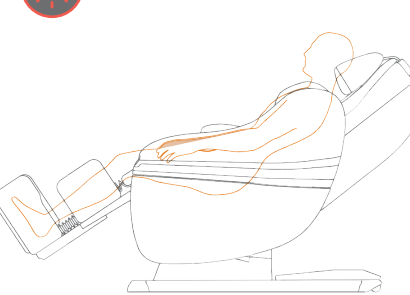
 For quick recovery from fatigue



### 6 Quick (approx. 8 min.)\*2


This program provides a quick healing massage for those with little time in morning or evening and those who just want to take a few minutes to relax.

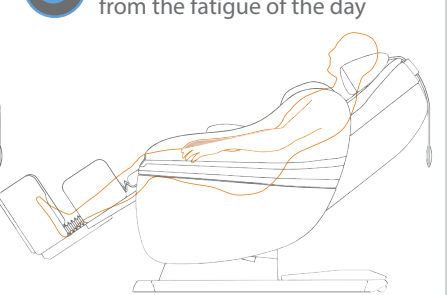
 Invigorating massage



### 7 Morning (approx. 15 min.)\*2

This program uses centripetal massage—a technique that moves toward the center. It is recommended for people who have difficulty waking up in the morning or are still tired from the day before.

 To recover from the fatigue of the day

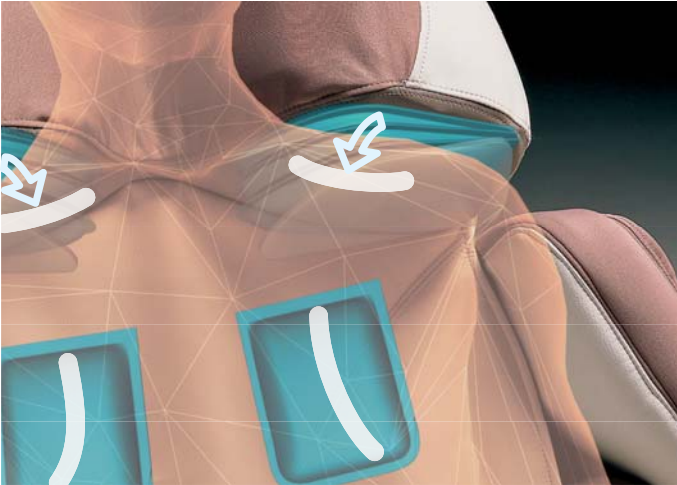


### 8 Night (approx. 15 min.)\*2

This program uses centrifugal massage—a technique that moves away from the center. It is recommended to ease the fatigue and tension of the day before sleeping.



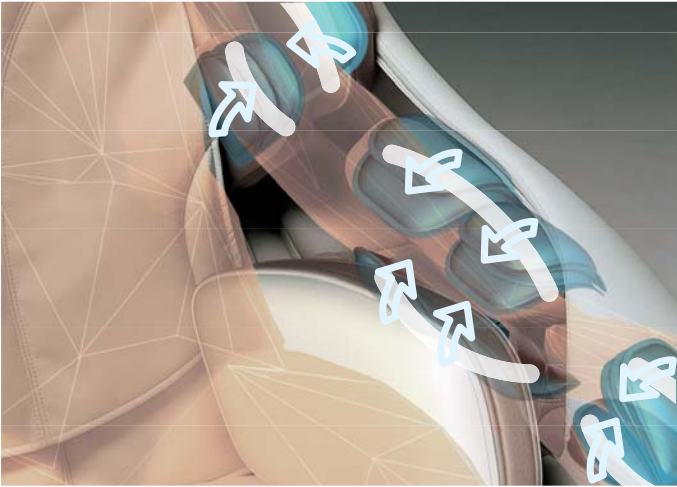
**Neck (Shiatsu, Pull and Knead)**  
Lifts up the neck from both sides to pull and knead neck muscles.



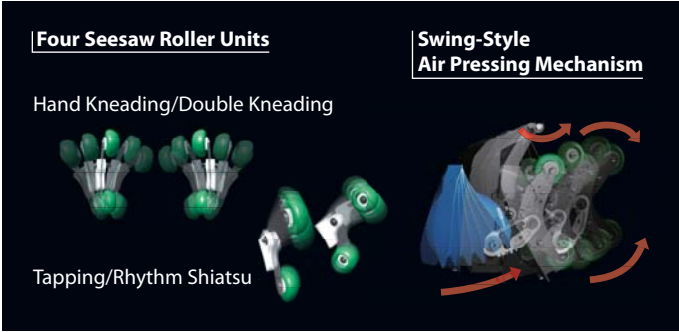
**Shoulders (Variation Shiatsu)**  
Built-in pads just for the shoulders apply Shiatsu pressure straight down and additionally give Shiatsu to the back with firm air pressure, feeling just like hand kneading to the shoulders.



**Shoulders (Roller Massage)**  
With the shoulder pads raised, rollers provide a thorough massage.



**Arms (Full Arm Function)**  
Arm press units give a thorough massage from the upper arm to the fingertips. The arms feel refreshed and no longer fatigued.



**Four Seesaw Roller Units and Ultra-Slow System**  
These mechanisms were developed to give a comfortable and stimulating roller massage to Shiatsu points in muscles from the neck and shoulders to the lower back. Pressure against the rollers is distributed among four points, giving soft kneading without excess stimulation and discomfort. With the "Ultra-Slow System" of leisurely kneading, the result rivals a professional's touch.

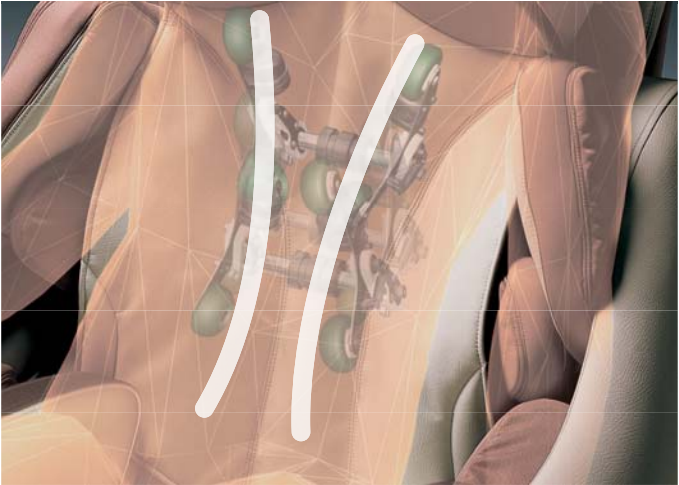
**Swing-Style Air Pressing Mechanism**  
The use of air to press the rollers ensures a gentle and comfortable kneading, with rollers coming out as far as approx. 7 cm to give a thorough massage to the back.

HCP-10001 Only

**Heater**  
The heater enhances massage effectiveness and prevents chills in winter or in air conditioned rooms in the summer.

**Head rest cover**  
This original cover keeps the head rest clean. It is easy to take off and can be laundered.

The head rest cover is available in two colors. Varies by model.  
(IV), (BR), (CW): warm gray (HD), (RD), (G): black (see pages 13-14)



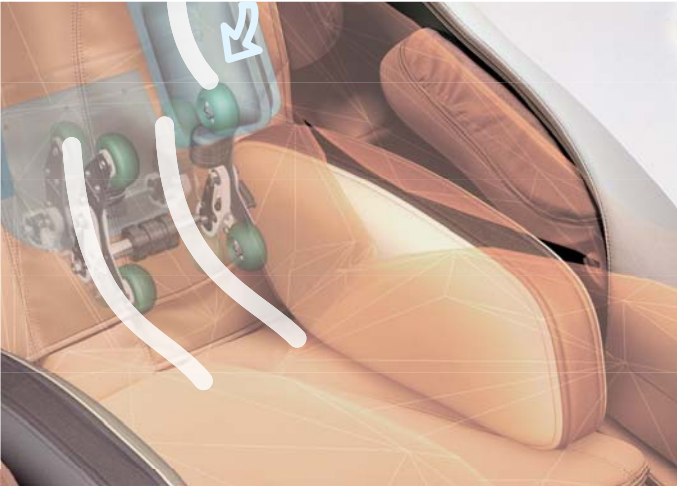
**Back (roller massage)**  
With INADA's unique circular kneading functions like "Tapping/Rhythm Shiatsu" and "Hand Kneading/Double Kneading", we have come one step closer to a professional's technique.



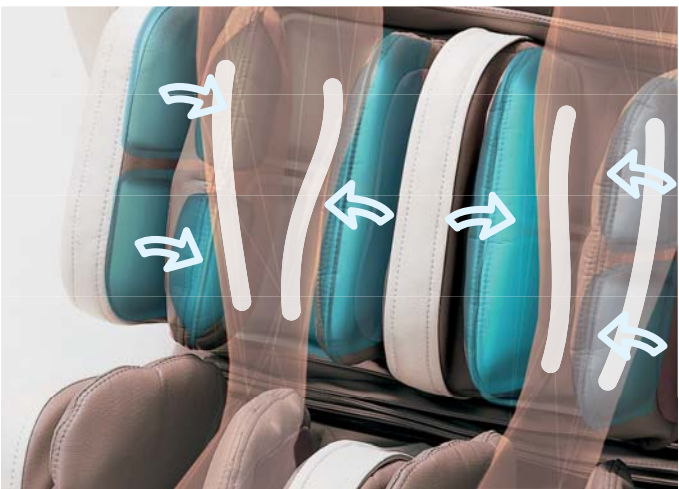
**Seat (air and vibration)**  
Air creates a swaying sensation to relax and massage, while vibration gives comfortable stimulation.



**Side press (air Shiatsu)**  
Massages the pelvis from both sides of the buttocks, relieving the buttocks and thighs of fatigue.



**Lower back (rollers and air Shiatsu)**  
Air and rollers give a firm massage. The rollers reach extra low on the back for greater stimulation of this area.

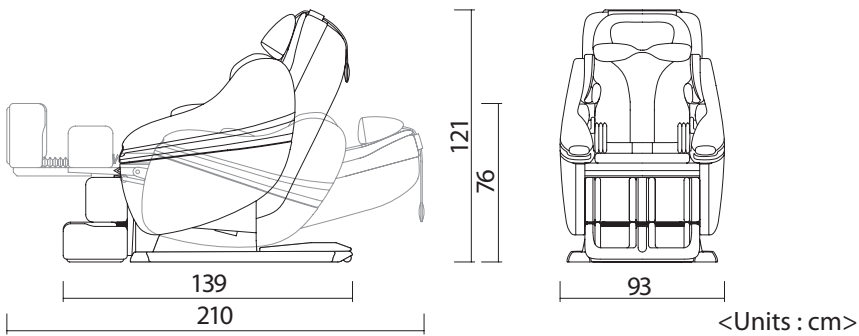


**Calves (air Shiatsu)**  
Air cells give firm Shiatsu against the back and both sides of the calves. Especially recommended for people who feel leg fatigue after working standing up.



**Feet (air Shiatsu)**  
Firm air Shiatsu for the soles, insteps and heels.

INADA SOGNO **Specifications**



**Specifications**

Name	INADA SOGNO
Power Supply	AC120V 60Hz (US), AC220-240V 50-60Hz (EU)
Rated Power Consumption	170W
Auto Timer	Approx. 15 minutes (varies in automatic programs)
Dimensions	Overall: Approx. 93 (97) cm wide × approx. 139 (210) cm deep × approx. 121 (76) cm high. Figures in parentheses represent dimensions when the seat back is fully reclined, with the leg rest flat and with armrests fully extended. Main chair: 74 cm wide × 140 cm deep × 65 cm high Side cover: 26 cm wide × 88 cm deep × 71 cm high Leg rest: 46 cm wide × 42 cm deep × 44 cm high
Weight	Total: approx. 115 kg [Main chair: 97 kg, leg rest: 18 kg]
Accessories	Shiatsu Pads for Shoulders : Shiatsu Pads for Shoulders are available in light and strong types to suit your preference. Buffer Pad : Adjust the intensity of the massage by switching between the thick and thin Buffer Pad that goes in the seat back.
Other Functions	Antibacterial/dirt resistant finish



**Color variations**



Stock no. :	IVE5	HDE5
Color :	Ivory	Slate



BRE5	RDE5	GE5	CWE5
Brown	Red	Green	Beige

Brown, red, green and beige are special order colors. Delivery may take about 40 days after order. Inquire at dealer for details.